

**Confédération Mondiale des Activités Subaquatiques
World Underwater Federation**

**APNÉE
APNOEA
APNEA**



**RÈGLES INTERNATIONALES
INTERNATIONAL RULES
REGLAMENTO INTERNACIONAL**

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1.- DEFINITION

- 1.1. For apnoea we mean the progression with a single fin or two fins under the surface, by the muscular power of the athlete only, without using any mechanism, even if activated by muscles.

2.- ADMINISTRATIVE RULES

2.1. Administration

- 2.1.1. CMAS only as the right to organise World, Zone and Continental Championships and CMAS apnoea competitions. « World, Zone, Continental » and « CMAS » words cannot be associated with any apnoea competition without the agreement of CMAS.
- 2.1.2. CMAS labelled competitions are:
 - ✓ Championships
 - ✓ CMAS Championships for « club » teams
 - ✓ International competitions
- 2.1.3. CMAS championships are the World, Zone and Continental Championships. Those events are scheduled in three days.
- 2.1.4. CMAS championships are filed according to their serial number.
- 2.1.5. CMAS championships for club teams are organised for continent but they can be declared open and in this case the participation is at world level.
- 2.1.6. International competitions are organised under the exclusive CMAS control and all rights are and will be CMAS property.
- 2.1.7. CMAS will grant the right of organising a labelled championship to a Federation or candidate organisations only after having received the following documents:
 - a) The form for the request of organisation, duly filled and signed, enclosures included. This form must be sent back to CMAS secretariat, 2 years before the year of the event.
 - b) The agreement duly filled and signed by the President of the applying federation. By this signature, the applying federation commits itself in satisfying all charges.
- 2.1.8. CMAS Apnoea Commission has jurisdiction on all matters not up, according to rules, to judges. It has the power to report on competitions and to give instructions for the good running of these competitions.

2.2. Rules for official competitions under CMAS patronage

- 2.2.1. The Federation or the organising club of the competition must send specific rules to all concerned National Federations affiliated with the Sport Committee at least 7 months before the beginning of the competition.
- 2.2.2. Specific rules must detail:
 - a) date, venue and the type of competition
 - b) the program in chronological order of competitions with all breaks and scheduled ceremonies
 - c) all information about:
 - ✓ day of arrival and departure
 - ✓ accommodation and meals
 - ✓ entry fees

2.3. Participation

- 2.3.1. All Federations affiliated with the Sport Committee and with right of vote for the concerned discipline will be admitted to participate. As concerns Continental Championships, the subdivision of countries per continent is the same fixed by the International Olympic Committee (IOC).
- 2.3.2. All team members must have the nationality of the Federation they represent.
- 2.3.3. Each athlete must have CMAS sport license valid for the current year. The license and the entry sent by the corresponding Federation, signed by the President, will be a guarantee that all team members have no contraindication for diving in apnoea.
- 2.3.4. Documents will be controlled by CMAS delegate the day before competition.
- 2.3.5. All athletes not following the rules will not be admitted to participate at the competition.
- 2.3.6. Competitors are obliged:
 - a) to know general rules about apnoea competitions as well as the rules of the competition they are participating.
 - b) to observe scrupulously safety rules during training and competitions
 - c) to follow all recommendations made by organiser and the jury
 - d) to check personally that their equipment is fulfilling rules
 - e) to address themselves to the responsible of the organisation or to the jury only through their team leader
- 2.3.7. Each team participating at competitions must have a team leader.

- 2.3.8. The team leader is:
- a) responsible of the discipline of his team members,
 - b) the go-between the organiser, the jury and participants.
- 2.3.9. If there is no team leader, the coach may carry out these tasks.
- 2.4. Entries in CMAS Championships**
- 2.4.1. Entries in CMAS competitions will be sent on special forms, enclosed to these rules
- a) Each concerned Federation must confirm CMAS (enclosure A) its participation in CMAS championships, at least 4 months before the beginning of championships, together with CMAS fees and copy to the organising federation.
 - b) Individual entry forms (enclosure B) must be received by CMAS (with copy to the organising Federation) 30 days (deadline) before the beginning of the competition.
 - c) List of national records (enclosure C).
- 2.5. Disqualification and forfeits**
- 2.5.1. When a competitor, having participated in a competition, is disqualified, for example after an anti-doping control, his place will be attributed immediately to the athlete who ranked after him and so all competitors, who ranked after him, will be advanced of one position.
- 2.5.2. If the disqualification arrives after the prize awarding ceremony, the prize must be given back and handed to the corresponding competitor according to what above mentioned.
- 2.6. Technical meeting before the beginning of the Championship**
- 2.6.1. This meeting must be organised maximum 24 hours before the beginning of the competition with:
- a) The responsible of the organisation
 - b) The Chief Referee appointed by CMAS
 - c) Team leaders
 - d) The doctor of the organisation
- 2.6.2. The goal of this meeting:
- a) To communicate all information about:
 - ✓ technical matters
 - ✓ timetable and transportation means
 - ✓ guidelines for official ceremonies
 - ✓ safety measures
 - ✓ anti-doping control
 - b) To elect the international jury
 - c) To prepare the starting order of competitors giving to each one their starting number.
- 2.7. The International Jury**
- 2.7.1. It is composed of five members and two substitutes, i.e.:
- a) The Chief Referee, appointed by CMAS upon proposal of the Commission, who is at the head by right of the International Jury.
 - b) 4 (four) members, 1 (one) appointed by the organising Federation and 3 (three) appointed by their country, being international judges as priority.
 - c) 2 (two) substitute members presented by their country.
- 2.7.2. All the members of the Jury (with the exception of the President representing CMAS) must have different nationality, must speak one of CMAS official languages and must attend the whole competition.
- 2.7.3. The mission of the Jury is to evaluate claims and to take a decision on it in the hour following the submission.
- 2.7.4. If a member of the international jury has the same nationality of one of the parties to the cause, he will be replaced with a substitute member.
- 2.7.5. Decisions will be taken by majority of votes, four members must be mandatory present.
- 2.7.6. In case of tie, the vote of the President is final.
- 2.7.7. Decisions of the international jury are without appeal with the exception if the jury is informed about a new element.
- 2.7.8. Decisions must be communicated in writing to the concerned party immediately after the end of the meeting.
- 2.8. Claims**
- 2.8.1. Each participating team has the right to submit claim to the jury.
- 2.8.2. Only the team leader may submit claim.
- 2.8.3. Each claim must be accompanied by a caution of a sum of money, established by CMAS.
- 2.8.4. Claim must be submitted in writing, in French, English or Spanish to the Chief Referee in the hour following official results.
- 2.8.5. In case of finals, the willing to submit a claim must be notified to the Chief Referee within 15 minutes from the end of competition together with the required caution. (The immediate effect of this measure is to delay the prize awarding ceremony).

- 2.8.6. Starting from the hour of the communication of the willing to submit a claim, appellant will have 60 minutes to write and submit his written report to the Chief Referee. On the contrary, claim will be considered void and as never submitted and caution will be retained.
- 2.8.7. Claim will not be considered if requirements are not fulfilled.
- 2.8.8. If the claim is accepted, the deposit in cash will be handed back. On the contrary, CMAS will retain it.

2.9. Protocol

- 2.9.1. For each competition, the jury must establish a protocol.
- 2.9.2. The organiser must hand after the competition two copies of the protocol to each participating team and two copies must be sent to CMAS HQ and two copies to CMAS Apnoea Commission.
- 2.9.3. Protocol must contain:
 - a) The name of the competition, venue, date, name of the organiser, description of the venue of the competition
 - b) Competitions and their serial number
 - c) Composition of the international jury
 - d) Composition of the College of Judges (names and functions)
 - e) List of participating teams (for world and continental championships: name, family name, and date of birth of each athlete).
 - f) The order of competitions and results (name, family name, year of birth for each athlete, team, final, decisions on ranking and disqualification, world- continental or national records).
 - g) Particular incidents
 - h) The signatures of the Chief Referee and of the Head of the office of performances or of the Chief Secretary
- 2.9.4. The venue and the date of the competition as well as CMAS logo must be on headed paper or at foot of the page of the protocol.

2.10. World and continental records

- 2.10.1. World and continental records will be homologated for men and women.
- 2.10.2. All records must be established during an individual competition or race, with spectators and the announcement must be made three days before the attempt. If the individual competition is controlled by a National Federation, as an attempt of record during a national competition, the announcement three days before will not be necessary.
- 2.10.3. The measures of the competition zone must be homologated and confirmed by a CMAS International Judge.
- 2.10.4. World or Continental records will be accepted only if an official Jury has taken size.
- 2.10.5. An athlete during an individual competition may request to homologate a record.
- 2.10.6. Homologation applications for a world or continental record must be submitted on CMAS official forms, signed by the competent authority of the Organising Committee and by the Chief Referee.
- 2.10.7. The homologation application for a world or continental record must be communicated in advance by cable, telex, fax or e-mail to CMAS Secretariat 7 days before the performance.
- 2.10.8. If the application of homologation of a world record is accepted by CMAS, a diploma signed by CMAS President and by the President of the Apnoea Commission, will be sent to the National Federation of the athlete so that it may be handed him/her as recognition of his/her performance.

3.- TECHNICAL RULES

3.1. Categories and equipment

- 3.1.1. Official competitions will be organised for men and women.
- 3.1.2. No apnoea competition is authorised in water being more than 15 Mt in depth.
- 3.1.3. Authorised equipment:
 - a) Two fins without restriction, where the serial number of the athlete will be stuck (on the top and on the lower side).
 - b) The single fin without restriction as concerns size and material. The fin is composed of a surface where will be stuck the serial number of the athlete (on the top and on the lower side) and a part for feet well fixed at it.
 - c) A mask to protect eyes and for having a better sight into the water. Mask must mandatory cover eyes and nose.
 - d) The athlete has the possibility not to use the mask. In this case, the athlete cannot use other material (lenses- contact lenses etc.)
- 3.1.4. Auxiliary equipment:
 - a) neoprene bathing suit is authorised. Auxiliary equipment or support devices are not authorised;
 - b) competitors must have a sports uniform not against decency.
- 3.1.5. For all competitions and international championships, advertising on fins and on diving suit is authorised without restrictions.

- 3.1.6. Advertising will also be allowed on clothes, but during ceremonies in international championships athletes are obliged to wear the official uniform of their national team.
- 3.2. Rules for competition areas**
- 3.2.1. The discipline is scheduled on uniform sea-bottoms, preferably sandy, with regular depth along the whole surface of the competition area.
- 3.2.2. For CMAS championships, the zone must have:
- ✓ Length: 15 Mt
 - ✓ Width: 15 Mt
 - ✓ Depth: 15 Mt
- 3.2.2.1. a qualified official appointed or approved by a CMAS International Judge will certify these sizes.
- 3.2.2.2. An allowance of max. 1 Mt is accepted for sea-bottoms where the zone for the horizontal course is collocated.
- 3.2.3. The starter must have a micro for verbal orders.
- 3.3. 3.3 – Equipment**
- 3.3.1. Start Island.
- 3.3.1.1. Composed of a start island being min.0,95 Mt and with different colour from buoys, supporting the athlete in his/her preparation in diving.
- 3.3.1.2. The Island must be anchored with a rope tightened from the starting corner forming the horizontal course of the square collocated on the sea-bottom. On the sea-bottom, aside the weight of the starting point of the horizontal course, a plate being 0,30 Mt in diameter is collocated and the athlete must mandatory touch it, under penalty of disqualification, before continuing his/her race.
- 3.3.2. Three buoys must be anchored and tightened to show the other three corners of the horizontal course of the square collocated on the sea-bottom.
- 3.3.3. Anchorage of the four corners of the horizontal course of the square collocated on the sea-bottom.
- 3.3.3.1. The anchorage may be made with objects, of sufficient weight, to guarantee a total stability according to conditions of sea-meteorology (houle, streams, tides, etc.).
- 3.3.3.2. It is necessary to foresee three frameworks for each corner situated according to enclosed plan.
- 3.3.3.3. The objects and the frameworks must have a steel ring where the lines of the Start Island, buoys and springs are tied, every 15 Mt, on the guide rope of the horizontal square course placed on the sea bottom.
- 3.3.4. Guide rope of the horizontal square course situated on the sea bottom
- 3.3.4.1. The rope is 60 Mt in length just to cover the whole horizontal square placed on the sea bottom.
- 3.3.4.2. Every 15 Mt the rope may present a spring (of the same type of that used for mooring at quay).
- 3.3.4.3. Springs will be fixed to the rings collocated on frameworks at the four corners.
- 3.3.5. Batons of the covered distance
- 3.3.5.1. little floating batons at a progressive distance identify 120 batons, collocated along the horizontal square course placed on the sea bottom
- 3.3.5.2. (from 0,50 to 60 Mt) according to the covered half metres (example 0,50 Mt- 1 Mt- 1,50 Mt, 2 Mt, and so on).
- 3.3.5.3. Batons, placed every 50 cm on the guide rope starting from the corner of the anchorage of the Start Island, will be tied with a particular system that may be easily pull out.
- 3.3.5.4. As complement to this set of batons collocated on the guide rope indicating the distance covered, there will be a second identical set, to be handed to the Judge for depth for the exchange of batons pulled out by athletes.
- 3.3.6. Wharves – Boats
- 3.3.6.1. A wharf or a boat with suitable size must be situated at the Start Island hosting athletes participating at the competition.
- 3.3.6.2. A second wharf or boat with suitable size must be situated near the competition area for the activity of judges and as support to maintenance service and first aid one.
- 3.3.6.3. It is mandatory that wharves have independent anchorage from competition zones.

- 3.3.7. Boats
 - 3.3.7.1. Besides the boats for the Chief Referee and the doctor, it is necessary:
 - ✓ 1 boat of first aid with oars to be situated at the centre of the competition area;
 - ✓ 2 boats for transfer and fast transfer. One boat must be always present in the zone;
 - ✓ 1 boat for athletes waiting to participate;
 - ✓ 1 boat as support, for assistants and equipment.
- 3.3.8. Schedule to equip the competition area:
 - 3.3.8.1. Settling of venues and measures to delimit the competition area
 - 3.3.8.2. Anchorage
 - 3.3.8.3. Blocking of frameworks to the guide rope
 - 3.3.8.4. Check of sizes of the horizontal course and adjustments
 - 3.3.8.5. Blocking of anchorage to the Start Island and buoys
 - 3.3.8.6. Installation of wharves or boats
 - 3.3.8.7. Setting up of batons of the distance covered on the guide rope
- 3.3.9. Warm Up Area
 - 3.3.9.1. Near the competition area it is necessary to equip a training zone named Warm Up Area.
 - 3.3.9.2. The Warm Up Area is composed of a rectangular horizontal course (15 Mt x 5 Mt) placed on the sea bottom at a depth of 15 Mt.
 - 3.3.9.3. The Start Island only is anchored to this zone. The 3 surface buoys and the guide rope do not have the batons of the distance covered.
 - 3.3.9.4. The Warm Up Area is equipped with a boat and one first aid assistant.

4.- COLLEGE OF JUDGES

4.1. Officials must take their decision autonomously and, if not indicated otherwise in rules, independently one from another.

4.2. Composition of the college of judges

Organiser makes up the College of Judges. He is responsible for the preparation and the running of competitions. It is composed of:

- ✓ chief-referee, for CMAS Championships, appointed by the Apnoea Commission
- ✓ a judge responsible of the competition area
- ✓ a judge for depth
- ✓ a judge for surface
- ✓ a judge for warm up
- ✓ a judge for technique and safety
- ✓ the head of the office for performances
- ✓ the main secretary
- ✓ medical assistants
- ✓ assistants

4.2.1. The chief-referee

- 4.2.1.1. For CMAS Championships the Chief Referee is appointed by the Apnoea Commission and approved by the Executive Board. He has total control and authority on all officials. He must approve their appointment and give them instructions as concerns special rules on such competitions.
- 4.2.1.2. His mission is:
 - ✓ to inspect competition venues
 - ✓ to examine the dossiers of participants about their attitude in taking part in competitions
 - ✓ to examine entry forms and decide about the starting numbers
 - ✓ to sign rankings before publishing results
- 4.2.1.3. He must apply rules and CMAS decisions and he must take a decision on all matters concerning the organisation of the competition when rules do not provide other solution.
- 4.2.1.4. He must check that all officials necessary to the good running of competition are at their place. He may appoint substitutes to replace absentees, those who cannot carry out their task or those who are totally incompetent. He may appoint other officials if he esteems it necessary.
- 4.2.1.5. He authorises the starter to give the starting signal after he has checked that all the members of the college of judges are at their place and ready.
- 4.2.1.6. He may take the decision of false start.

- 4.2.1.7. The chief referee has the right to cancel or interrupt, also without the opinion of an international jury, competitions with unfavourable weather conditions or if competition venues do not fulfil rules.
- 4.2.1.8. The chief referee may disqualify a competitor for whatever violation of rules checked personally or pointed out by other judges.
- 4.2.2. The Judge responsible of the competition area**
 - 4.2.2.1. The Judge responsible of the competition area will collocate himself on the wharf of the jury in the zone assigned him.
 - 4.2.2.2. He has the task to organise the activity of other Judges of zone, by authorising the beginning of competition for each athlete and the going on of races.
 - 4.2.2.3. He receives from the assistant to the surface judge the baton of the distance covered by the athlete at the end of race; he marks the distance on the ranking report and he hands the baton to his assistant who places it again on the sea-bottom so that the assistant to depth judge may hand it to the Judge.
 - 4.2.2.4. He receives notes on irregularities checked by other Judges with the eventual proposal of sanction or disqualification that he must apply.
 - 4.2.2.5. He receives claims from the captains of participating teams.
 - 4.2.2.6. At the end of races he must:
 - 4.2.2.6.1. ask the intervention of the Chief Referee and of the concerned judges of zone to examine claim;
 - 4.2.2.6.2. apply the decisions taken by the Chief Referee about claims;
 - 4.2.2.6.3. prepare the final ranking of his competition area;
 - 4.2.2.6.4. hand a copy of the final ranking to the Chief Referee.
 - 4.2.2.7. He is responsible for the changing of Judges and for assistance.
- 4.2.3. The judge for depth**
 - 4.2.3.1. The work of the depth judge is on the sea-bottom, by using breathing mask and equipment foreseen for diving with breathing mask according to CMAS standards.
 - 4.2.3.2. He controls that the athlete, by reaching the sea bottom, well touch the plate of 0,30 Mt in diameter indicating that he/she may continue his/her race and that he/she turns well around the corners of the square.
 - 4.2.3.3. When the athlete ends the race and goes up, he must - signal to the surface if everything was correct or not:
 - Yes: white buoy
 - No red buoy
 - 4.2.3.4. When he goes up, he must sign the report of competitions for which he sent the red buoy to the surface (faults).
 - 4.2.3.5. He must be equipped with:
 - 4.2.3.5.1. a steel rope with a complete set of batons of the distance covered;
 - 4.2.3.5.2. a diving suit with yellow sleeves or with a yellow sleeve to cover arms so that he may be recognised in depth.
 - 4.2.3.6. The depth judge works in collaboration with an assistant being there for supervision. The latter is charged to collect the baton of the distance covered that will come back to the sea bottom under the wharf of the jury, by jet anchor.
The diving suit of the assistant must be orange or with orange sleeves just to cover arms so that he may be recognisable in depth.
 - 4.2.3.7. At a depth of 15 metres, the judges and his assistant may stay underwater for a maximum of 70 minutes.
 - 4.2.3.8. If competitions will last more than the diving authorised time, the judge and his assistant will be replaced.
 - 4.2.3.9. the judge responsible for the competition zone, who, by interrupting temporarily competitions, authorises the new depth judge and his new assistant to dive for substituting their colleagues, will order the changing.
- 4.2.4. The surface Judge**
 - 4.2.4.1. The surface judge follows athletes during the competition.
 - 4.2.4.2. The athlete hand him the baton taken from the sea-bottom and he transmits it through his assistant to the judge responsible for the competition zone.
 - 4.2.4.3. He must check that the athlete, at the moment of diving, is in good health and that he/she does not need assistance. He will communicate to the chief referee eventual irregularities by proposing sanctions or disqualifications.
 - 4.2.4.4. He carries out his duty as judge on surface and/or in apnoea.
 - 4.2.4.5. The equipment of the surface judges is that of apnoea diving, according to CMAS standards.

- 4.2.4.6. Diving suit with yellow sleeves or yellow sleeve to cover arms and make the judge being recognised from far.
- 4.2.5. The Warm Up Judge.**
- 4.2.5.1. The Warm Up Judge collocates himself on the wharf of the jury they assigned him.
- 4.2.5.2. He is responsible for competitors and, on the basis of the starting order, he call athletes by putting them at disposal of the starting judge.
- 4.2.5.3. He controls that competitors wait their tour on the support boat and he manages training in the warm up zone.
- 4.2.6. The judge for technique and safety**
- 4.2.6.1. He is responsible to observe current safety measures and technical problems in competition.
- 4.2.6.2. At the beginning of the competition he is under the authority of the chief referee.
- 4.2.6.3. He is charged to put at disposal, at due time, equipment and necessary items for competitions.
- 4.2.6.4. He is responsible for the course according to the plans published in special rules. He is also charged of the use of boats, first aid divers and radio communications.
- 4.2.6.5. The organising committee must put at his disposal a sufficient number of assistants to make easier his mission.
- 4.2.7. The head of the office for performances**
- 4.2.7.1. He is responsible for the control of result published by computer or of timing and ranking of each competition received by the chief referee.
- 4.2.7.2. He checks performances, points out new records by including those in the protocol.
- 4.2.7.3. He takes care that decision of the judge at the arrival and chief referee are included in the protocol.
- 4.2.7.4. He checks the protocol, signs it and transmits it for the signature to the chief referee.
- 4.2.7.5. He transmits to the judge charged of the computer the results concerning the podium and the composition of finals.
- 4.2.7.6. Results and protocol will be transmitted to the secretariat, for diffusion, only after the agreement of the chief referee.
- 4.2.8. The main secretary**
- 4.2.8.1. He prepares all the material for the secretariat as well as necessary documents for the competition.
- 4.2.8.2. He appoints assistant secretaries and directs their work.
- 4.2.8.3. He must control forfeits after heats or finals, prepare a list with all new established records.
- 4.2.8.4. He supervises the drawing of minutes of the international jury.
- 4.2.8.5. He prepares the final report of competitions.
- 4.2.8.6. When there is no press office and upon authorisation of the chief referee, he transmits all information about the competition.
- 4.2.9. Medical service**
- 4.2.9.1. Medical service must provide first aid interventions to injured people from the beginning of the incident up to the recovering of health conditions in local medical structures.
- 4.2.9.2. The Organising Committee charges medical assistants to control the competition being their responsibility. The medical staff is composed of:
- ✓ A doctor specialised in reanimation, responsible for the event, must always be in the competition area. He will have a personal boat at his disposal.
 - ✓ An ambulance for the competition zone, with a doctor, situated on land near the First Aid Centre.
 - ✓ The ambulance must reach easily the official hospital.
 - ✓ A hyperbaric centre, just informed about the event, must give its availability for first aid.
 - ✓ Eventual availability of aid by helicopter.
- 4.2.9.3. Assistants occupying the first aid boat will be equipped with:
- Little masks for artificial “mouth to mouth” respiration
 - ✓ Ambu Balloon
 - ✓ Oxygen bottle with supplier
 - ✓ Water and sugared drinks
- 4.2.10. Assistants**
- 4.2.10.1. The Organising Committee appoints technical assistants and is up to the responsible for assistance to establish, together with the Chief Referee, the various missions and activities.

- 5.4.3. During the going up, the surface judge will collocate himself, followed by his assistant, along the vertical of the athlete by signalling, with one stretched arm, the arrival at surface.
- 5.4.4. he athlete cannot be helped or touched before the coming out from the water, except if he /she has difficulties, under penalty of cancellation of the attempt.
- 5.4.5. In case of syncope during one of his/her attempts, the athlete is disqualified and he will loose everything he attained in previous attempts.
- 5.4.6. Other divers cannot touch the athlete, except in case of emergency.
- 5.4.7. At the end of race, the athlete must hand the baton to the surface judge.
- 5.4.8. The surface judge hands immediately the baton to the judge at arrival who will inform secretariat.
- 5.4.9. At the same time, the depth judge will signal to the surface judge the athlete's faults.
- 5.4.10. If a fault is pointed out, the secretariat will mark it with an « asterisk » aside the distance covered by the athlete. In this case, the result will be temporary until the decision of the Jury.

5.5. – Development of competition

- 5.5.1. All competitors have the possibility to make two attempts.
- 5.5.2. The best attempt will be registered for the ranking of the athlete.
- 5.5.3. General ranking will be prepared at the end of one or two attempts.
- 5.5.4. The first 8 athletes in the general ranking have the possibility to make other attempts.
- 5.5.5. In every case, the best attempt made, for each athlete, will be taken into consideration for the final ranking.
- 5.5.6. In case of ex-aequo in the general ranking, the second distance covered by the athlete will be taken into consideration.
- 5.5.7. In case of ex-aequo in final ranking, the best distances covered successively by athlete will be taken into consideration.
- 5.5.8. In case of more than two ex-aequo in final ranking of the first three athletes, a supplementary time trial race will be carried out.